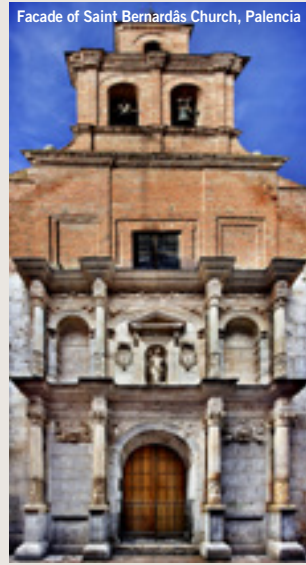


# FOLLOWING THE TRAIL OF **TERESA**

OCTOBER 2014/OCTOBER 2015



Church of Saints Cosme and Damian, Burgos



Facade of Saint Bernard's Church, Palencia



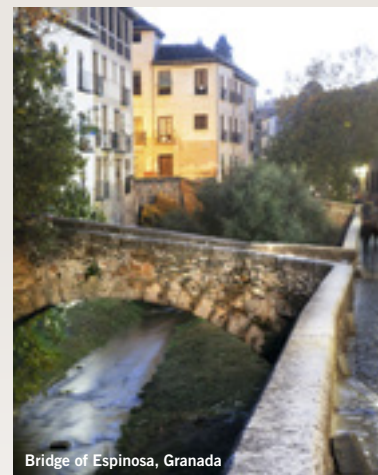
Church and Convent of St Teresa, Ávila



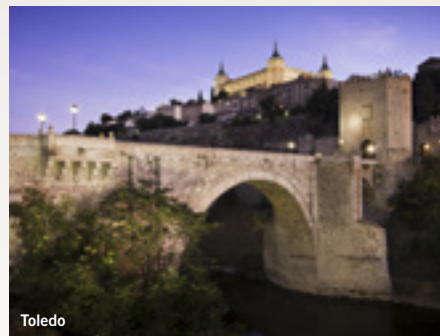
House of St Teresa, Salamanca



The Four Pillars, Avila



Bridge of Espinosa, Granada



Toledo



  
Huellas  
*teresa de Jesús*

STJ  
500  
V CENTENARIO  
SANTA TERESA  
DE JESÚS

VIAJES  
El Corte Inglés



# FOLLOWING THE TRAIL OF TERESA (1515-1582)

To commemorate the 5th centenary of the birth of St Teresa, which is to be held in the city of Ávila in 2015, we propose you to discover the figure, the work and the legacy of this extraordinary women, humanistic, Saint, traveler, Doctor of the Church through two original itineraries based on the heritage and culture.

Following her trails, you will visit the different Teresian places assembled under the name of "Huellas de Teresa, which takes the shape of a tourist and pilgrimage route, witness of the shining of their foundation's (17 places in 20 years).

## Northern Itinerary

### Day 1. MADRID

Arrival at Madrid, pick up at the airport and transfer to hotel. In the way we will have a panoramic tour of the beautiful city. Dinner and accommodation at hotel.



### Day 2. MADRID-SORIA-BURGOS

Breakfast at hotel. Departure to Burgos with a stop in Soria. Visit of the Monastery of the Barefoot Carmelites. After lunch, continuation to Burgos. Dinner and accommodation at hotel.

### Day 3. BURGOS-PALENCIA-BURGOS

Breakfast and guided visit of Burgos in the morning: Carmelite Convent of San José and Santa Ana, Hospital of La Concepcion, Church of San Cosme and San Damián, Church of San Gil, Plaza del Huerto del Rey. Lunch and continuation to Palencia. Palencia is a town whose offered support from the beginning to Teresa to establish one foundation on his territory. Return to Burgos, dinner and accommodation.

### Day 4 . BURGOS-VALLADOLID-MEDINA DEL CAMPO -SALAMANCA

Breakfast and departure for Salamanca, stopping on the way in Valladolid, (a city of artists and writers, in the middle of the golden age at the time where Teresa started introducing his foundation) and visiting the main places. Lunch and continuation to Medina del Campo: visit of Plaza Mayor, Convent of San Juan de la Cruz, The Fairs Museum, Convent of San José, Chapel of San Juan de la Cruz. After the visit, continuation to Salamanca, dinner and accommodation.

### Day 5. SALAMANCA-ALBA DE TORMES-SALAMANCA

Breakfast and visit of the Teresian traces; some are beautiful and famous Spaces of Spirituality, others are more intimate places: House of St Teresa, Convent of Santa María de las Dueñas, Convent of Santa Clara and Convent of Las Úrsulas.

After lunch, transfer to Alba de Tormes, to visit the famous Convent of La Anunciación where the sepulcher and the major reliques of the Saint are shown (St Teresa's heart and left arm). Return to Salamanca, dinner and accommodation.



Escuelas Menores courtyard and Cathedral, Salamanca



Convent of San Esteban, Salamanca

### Day 6. SALAMANCA-AVILA

Breakfast. Departure to Ávila. The lands of Ávila were home to some of the most outstanding pages in the history of the Jewish, Islamic and Christian mystics. However, Ávila is above all the city of St Teresa of Jesus. Visit of the Teresian Places and others main places of the town: Church and convent of St Teresa (house where Teresa of Ávila was born), Church of San Juan Bautista, the Four Pillars, Convent of Nuestra Señora de Gracia, Monastery of La Encarnación, Monastery of San José also known as "Las Madres", Royal Monastery of Santo Tomás. Lunch and dinner included. Accommodation in hotel.

### Day 7. AVILA-SEGOVIA-TOLEDO- MADRID

Breakfast at hotel and departure to Segovia. Visit of the convent and the main sites of the town. After lunch departure to Toledo, visit of the city. Toledo marks an essential stage in the life of St Teresa. Here took place the beginning of her extensive literary work and was giving rise to the dissemination of the Barefoot Carmelite message. Return to Madrid, dinner and accommodation.

### Day 8. MADRID-END OF SERVICES

Breakfast and time at disposal until pick up to airport. END OF SERVICES.



Santa Teresa cell in their repeated stays at the Monastery, Valladolid  
Foto: Fco. Javier Ruiz Ramos

## Prices

Price per pax in double room

<b>1.098 €</b>	<b>995 €</b>	<b>955 €</b>
Group minimum 20 pax	Group minimum 25 pax	Group minimum 30 pax

Single supplement: 310 € • 3rd pax in tpl room discount: 10% (maximum 3 tpls per group).  
• 1 Pax free in double every 20 paying pax.

### Price includes

- Transportation in bus with air conditioned.
- English speaking tour escort during all the itinerary.
- 12 meals (water and wine included).
- Entrance to the main monuments described in the itinerary.
- Accommodation in 3\* hotels.
- Breakfast.

### Price does not include:

- Portorage
- Tips
- Any other service not mentioned above.

### Supplements:

Supplement for accommodation in following Paradors: Salamanca and Ávila.  
- Per pax in double: 90 €  
- Single supplement: 75 €



## GET YOUR CREDENTIAL

The credential for "The trail of Teresa" is necessary if you want to receive the pilgrim distinction. It will be stamped at the tourist offices from all places visited.

This document can be picked up in local tourist offices of teresian cities or you can download it from the official web: [www.huellasdeteresa.com](http://www.huellasdeteresa.com)

## South Itinerary

### Day 1. MADRID

Arrival at Madrid, pick up at the airport and transfer to hotel. In the way we will have a panoramic tour of the beautiful city. Dinner and accommodation at hotel.

### Day 2. MADRID-PASTRANA-CARAVACA DE LA CRUZ

Breakfast at hotel, departure for Pastrana anc Caravaca de la Cruz. The Ducal Town of Pastrana, was designated a "Site of Historical-Artistic Interest" in 1966. In 1569, the Prince and Princess of Eboli called St Teresa of Jesus to found a Barefoot Carmelite convent. Lunch on the road to Caravaca de la Cruz.

Arrival at Caravaca and accommodation, free time for visiting on your own the sanctuary of the Holy Cross.



Cross of Caravaca

### Day 3. CARAVACA DE LA CRUZ-GRANADA

Breakfast at hotel, departure for Granada. a place of unique beauty and imposing historical and human heritage and legacy. Lunch on the road.

Upon arrival at Granada, evening visit of Alhambra and Generalife Gardens. Dinner and accommodation.



Relics of Santa Teresa (The Teresas), Sevilla

### Day 4. GRANADA-SEVILLA

Breakfast at hotel, half day visit of The monastery of San José de Granada.

After lunch departure to Sevilla. Upon arrival, visit of Sevilla, this was, at the time of St Teresa, the most populated city of Spain and the main port to the Indies. The city was also home to the Court of the Inquisition. So, in that troubled time, to establish the foundation was not easy for Teresa.

Visit of The Convent of San José (Las Teresas) which conserves a considerable number of relics, (including the only portrait of the Saint painted while she was alive and the original manuscript of Las Moradas.) Visit also of The Castle of San Jorge and the Carthusian Monastery. Dinner and accommodation.

### Day 5. SEVILLA-MALAGÓN-TOLEDO-MADRID

Breakfast at hotel. Departure to Malagón and visit of the third foundation. Continuation to Toledo (lunch in service area restaurant). Visit of the city. Toledo marks an essential stage in the life of St Teresa: Here took place the beginning of her extensive literary work and was giving rise to the dissemination of the Carmelite Barefoot message. After visit, continuation to Madrid, arrival, dinner and accommodation.

### Day 6. MADRID-SEGOVIA-AVILA-MADRID

Breakfast at hotel and departure to Segovia. Visit of the main places of the town and of the convent which is the ninth to be founded. Lunch and continuation to Ávila. The lands of Ávila were home to some of the most outstanding pages in the history of the Jewish, Islamic and Christian mystics. However, Ávila is above all the city of St Teresa of Jesus.

Visit of the Teresian Places: Church and convent of St Teresa. House where Teresa of Ávila was born, Church of San Juan Bautista The baptism, the Four Pillars, Convent of Nuestra Señora de Gracia, Monastery of La Encarnación, Monastery of San José also known as "Las Madres, Royal Monastery of Santo Tomás.

Return to Madrid, dinner and accommodation.

### Day 7. MADRID-END OF SERVICES

Breakfast and time at disposal until pick up to airport. END OF SERVICES.



Convent of Saint Jose, Segovia

St. Maria of the Sede Cathedral, Sevilla



## Prices

Price per pax in double room

<b>1.010 €</b>	<b>800 €</b>	<b>730 €</b>
Group minimum 20 pax	Group minimum 25 pax	Group minimum 30 pax

Single supplement: 280 € • 3rd pax in tpl room discount: 10% (maximum 3 tpls per group).  
• 1 Pax free in double every 20 paying pax.

### Price includes

- Transportation in bus with air conditioned.
- English speaking tour escort during all the itinerary.
- 11 meals (water and wine included).
- Entrance to the main monuments described in the itinerary.
- Accommodation in 3\* hotels.
- Breakfast.

### Price does not include:

- Portorage
- Tips
- Any other service not mentioned above.